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Speech and Language Therapy

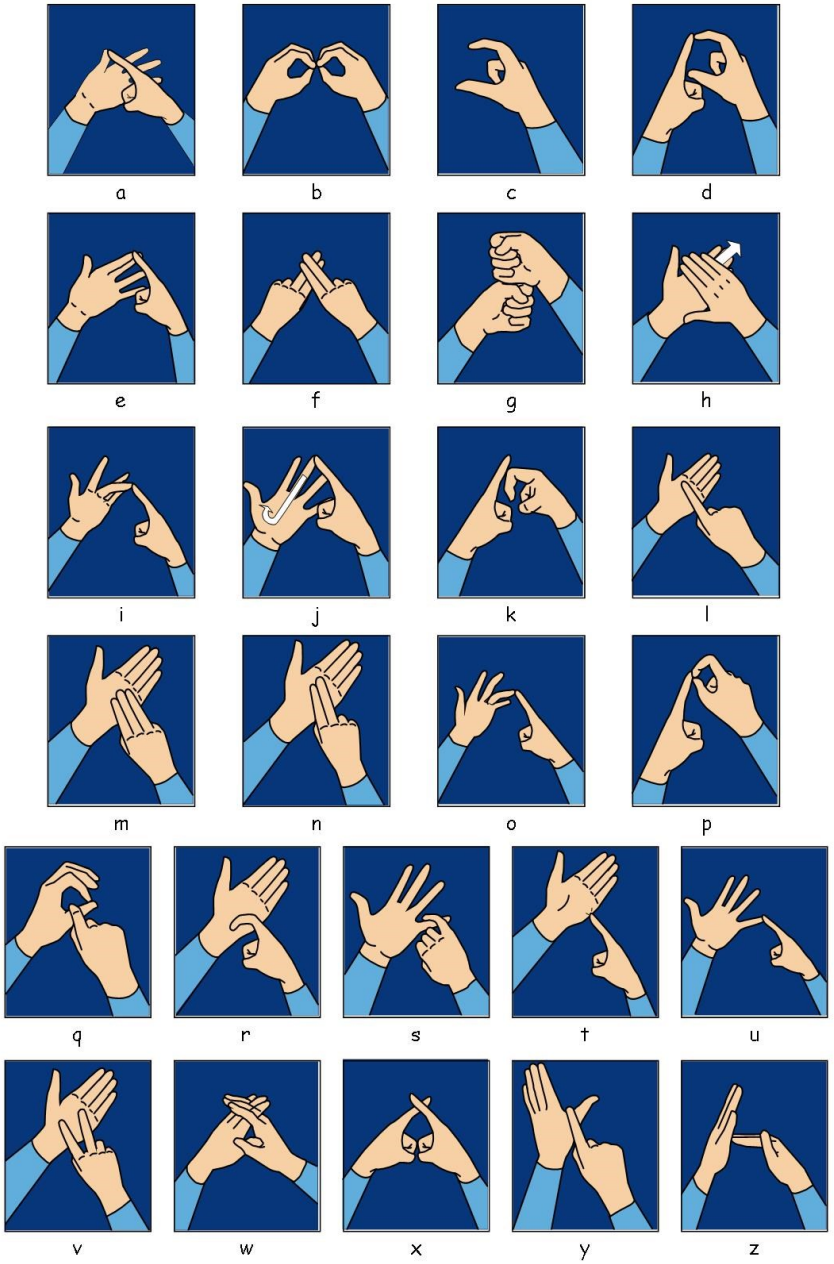


Using signs to support communication

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Sign Alphabet

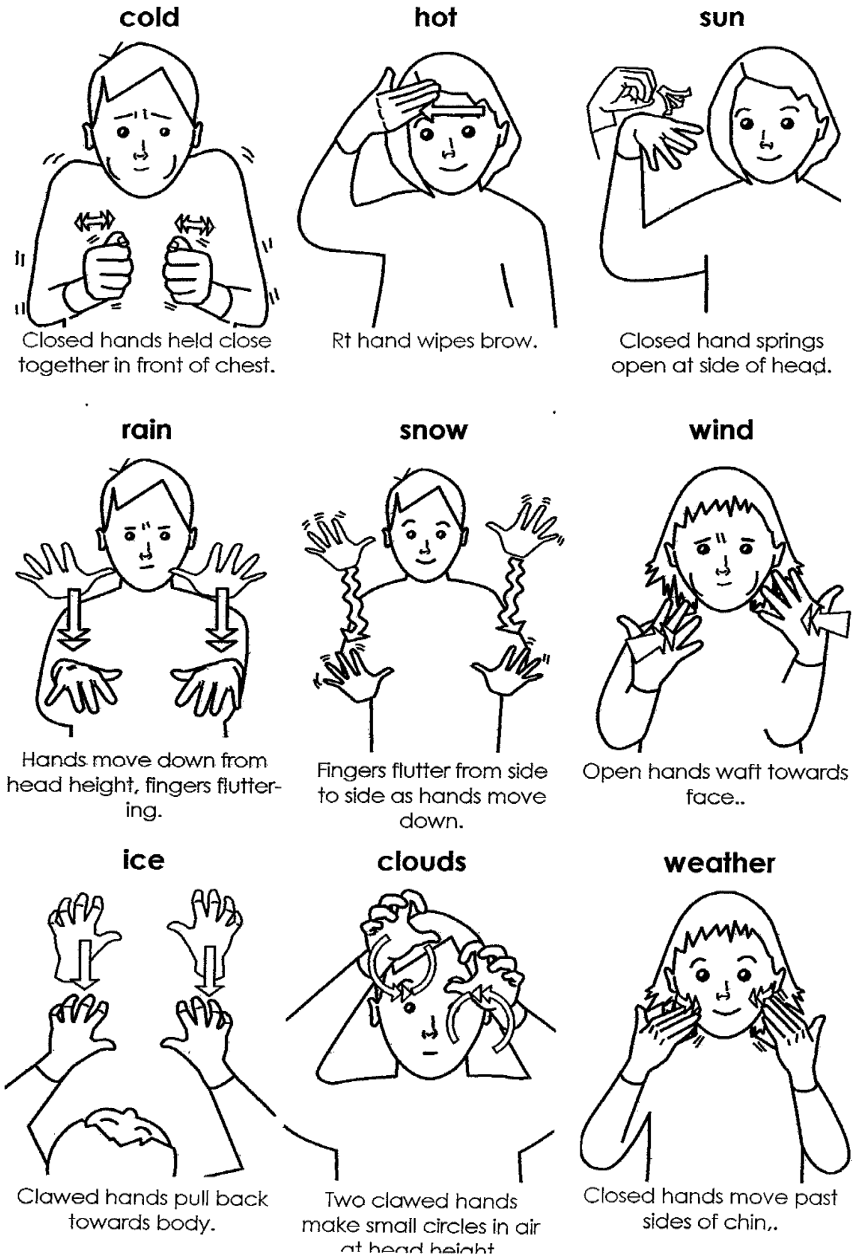


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Weather

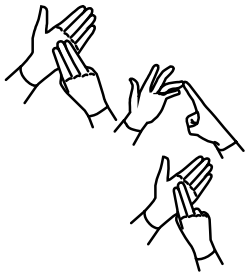


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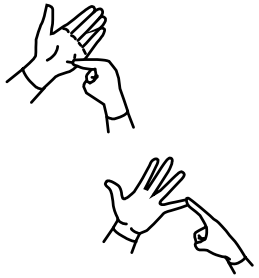
Days of the week

Monday



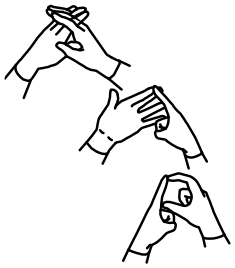
Finger spell "MON"

Tuesday



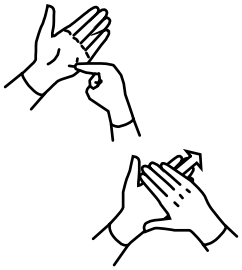
Finger spell "TU"

Wednesday



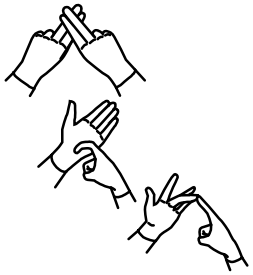
Finger spell "WED"

Thursday



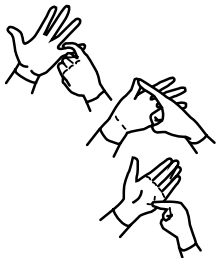
Finger spell "TH"

Friday



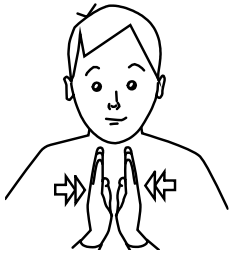
Finger spell "FR"

Saturday



Finger spell "SAT"

Sunday



Flat hands together tap twice.

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Core vocab



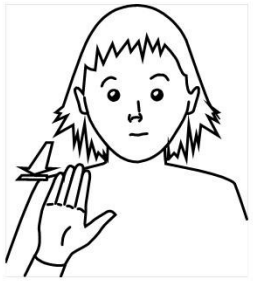
more



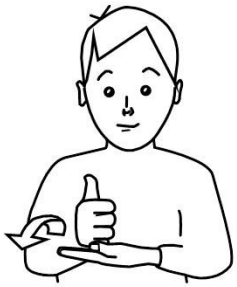
Finished



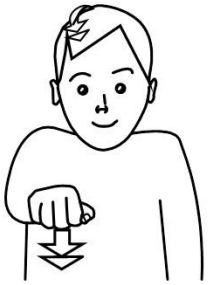
go



Stop



Help



Yes



no



Again

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Animals/Pets

cat



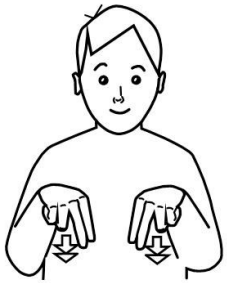
Open hands at sides of mouth mime whiskers

cow



Thumb and fingers extended, mime horns.

dog



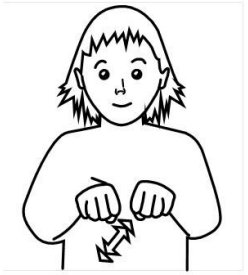
First two fingers ('n' hands) move down-wards twice.

fish



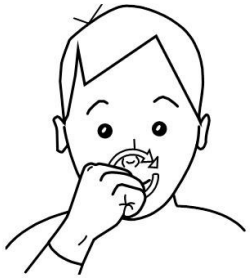
Flat hand mimes fish swimming.

horse



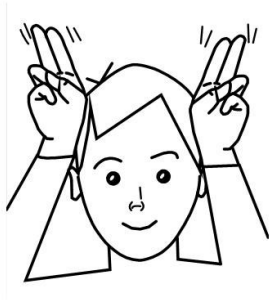
Mime holding reins and move up and down.

pig



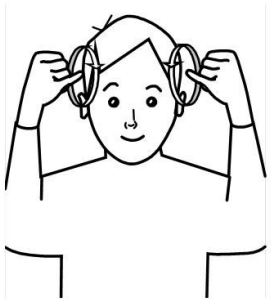
Closed fist makes circles in front of face.

rabbit



'n' hands mime rabbit ears over head.

sheep



Little fingers draw curly horns in the air around head.

hamster



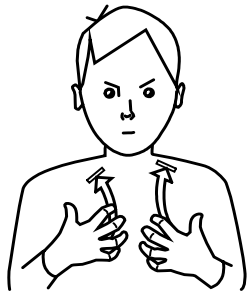
Clawed hands mime full-cheeks.

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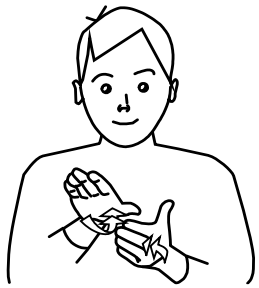
Emotions

angry



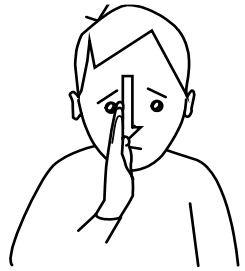
Clawed hands alternately claw up body several times.

happy



Hands clap together in circular movements.

sad



Right vertical flat hand.

sorry



Closed hand rubs in circular movements on chest.

cuddle



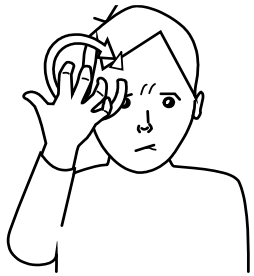
Crossed arms hug to chest like a hug.

love



Cross hands on chest.

worry



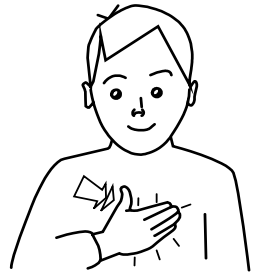
Clawed hand makes circular movement near temple.

hungry



Open hand moves in circles near stomach.

like



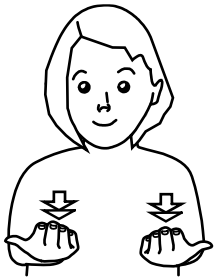
Hands tap twice on chest.

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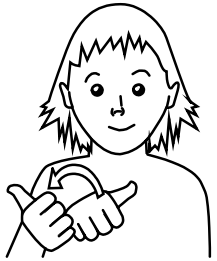
Concepts

now



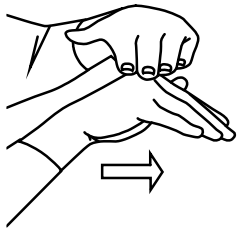
Palm up, flat hands make short downward movement.

next



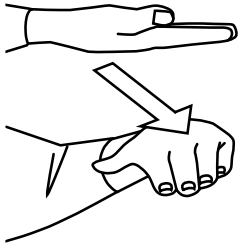
Extended thumb twists over from palm down to palm up.

in



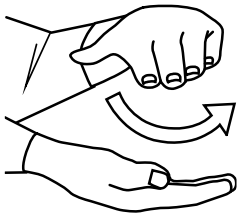
Rt hand bent straightens to a flat hand as it moves forward under L.

on



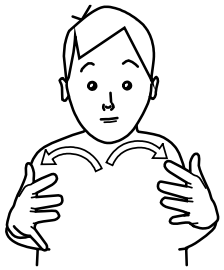
Back of Rt flat hand placed on back of L hand.

under



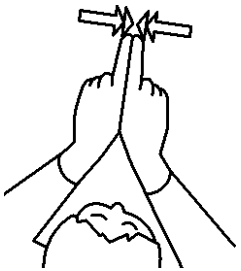
Palm up Rt hand moves forward under palm down L hand in small arc.

big



Open hands move apart with emphasis, cheeks puffed.

same



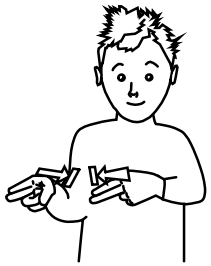
Index fingers point forwards and come together.

different



Index fingers held together twist over and apart.

small



"n" fingers make two short movements towards each other.

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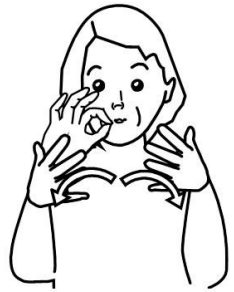
Activities

book



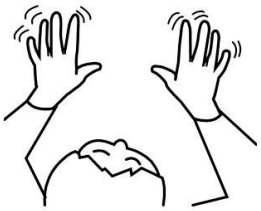
Mime opening book

balloon



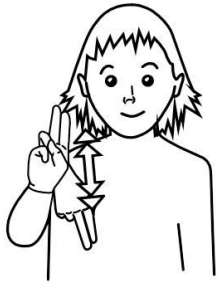
Make 'o' shape at mouth and then hands show shape of balloon

computer



Mime typing on a key-board

paint



N-fingers pretend to paint

play



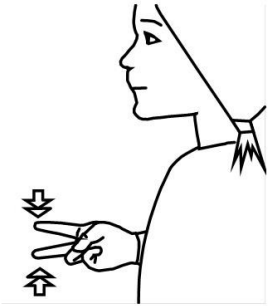
Flat hands move in in-ward circles.

sing



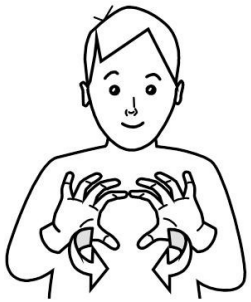
N-fingers spiral out from mouth

scissors



Two fingers mime scissor blades

ball



Make shape of a ball with hands

bubbles



Mime blowing through wand then show bubbles in the air.

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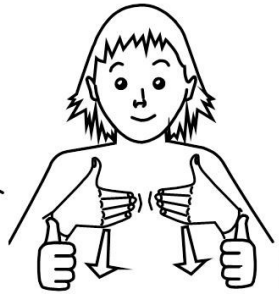
Social

hello



Palm forward open hand moves to right in small arc

how are you



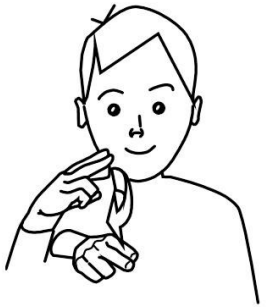
Flat hands touch chest then move forward changing to closed hands, thumbs up

good morning



Tips of bent hand, thumb up, touch left, then right upper

afternoon



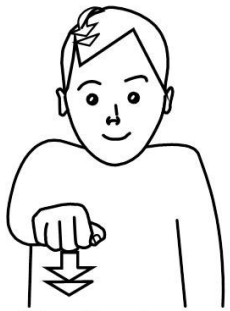
R. index and middle fingers touch chin then twist to point forward.

night



Palm back flat hands swing in/down to cross

yes



Closed hand makes repeated movement down

no



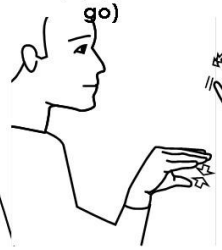
Fist hand moves forward and right

Stop (danger)



Palm forward flat hand make short firm movement forward

Stop (opposite to go)



Fingers of palm forward bent hands close on thumbs

bye



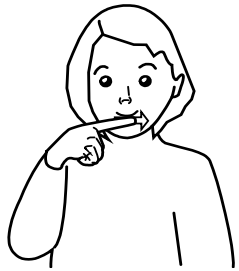
Palm forward open hand moves from left to right

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Colours

red



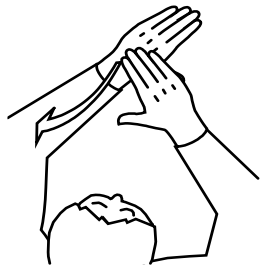
Forefinger brushes across lip.

yellow



Fingerspell 'y' and tap twice.

green



Flat hand runs up left arm.

blue



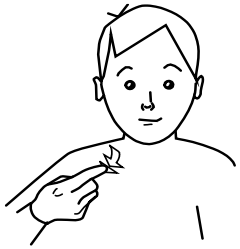
Forefinger traces veins on inside wrist.

black



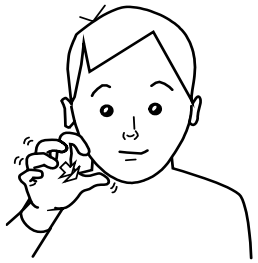
Fist moves forward across cheek.

white



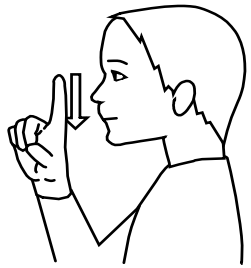
Thumb and forefinger pinch at chest, miming collar.

orange



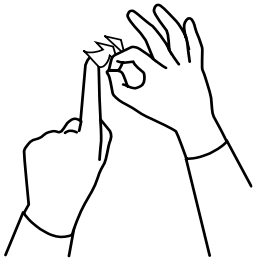
Clawed hand squeezes at side of mouth.

pink



Forefinger moves down in front of nose.

purple



Fingerspell 'p' twice.

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Question words

what



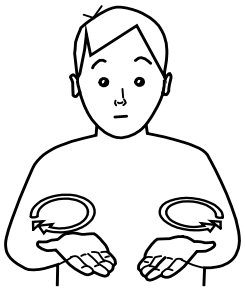
Index shakes from side to side.

when



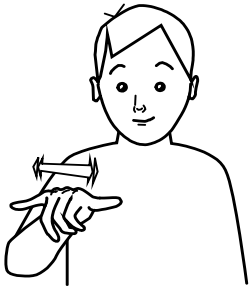
Fingers flutter on side of chin.

where



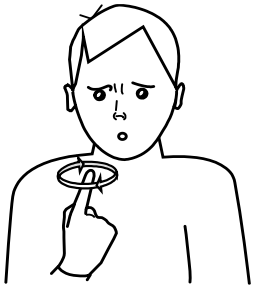
Palm up flat hands move in small circles.

which



Thumb & little finger extended, move side to side.

who



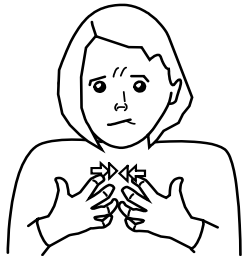
Rt. Hand makes small circular movements side of head.

why



Edge of rt. Index taps left shoulder.

how



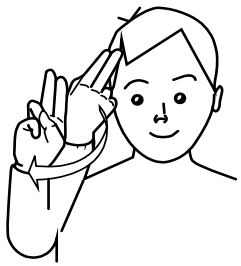
Knock 2nd knuckles of clawed hands twice.

how old



Fingers of open hand flutter in front of nose.

name



"N" hand on side of forehead, moves and twists forward.

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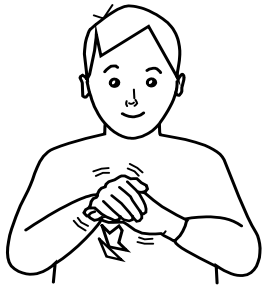
Going out

cinema



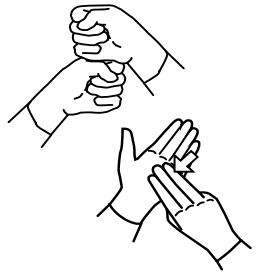
Heel of open rt. rests on L. index and shakes side to side.

friend



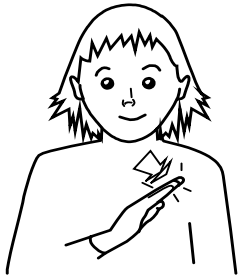
Hands clasp and shake.

grandmother



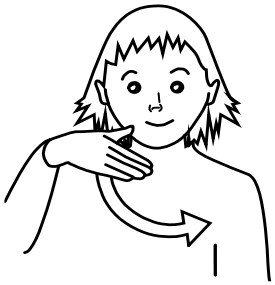
Fingerspell 'G' and tap 'm' twice.

park



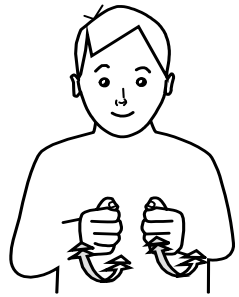
Flat Rt. Hand taps L side of chest with thumb.

slide



Flat hand curves down in shape of slide.

swing



Closed hands swing backwards and forwards at side of body.

bag



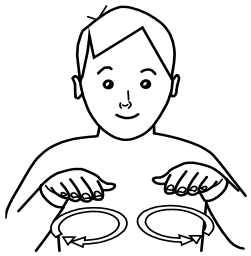
Mime holding a bag and move up and down slightly.

church



'G' hands move up and down, miming pulling a bell rope.

swim



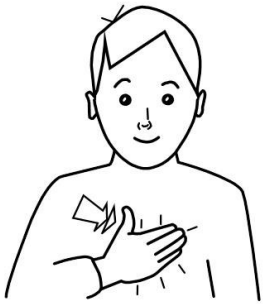
Hands mime action of breast stroke.

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Verbs

I like



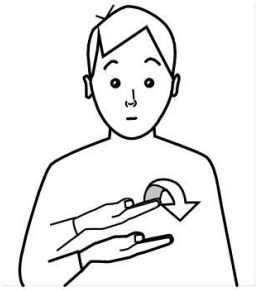
Flat hand taps chest twice

Give me



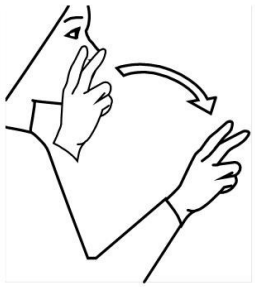
Flat hands move towards self

Give you



Flat hands move towards other person

look



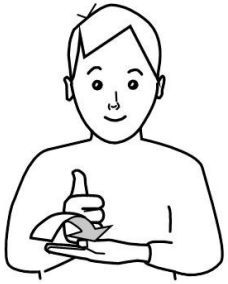
Two fingers move from corner of R eye towards object

come



Extended finger moves towards self

help me



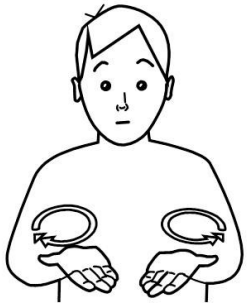
Thumbs up sits on flat palm. Directional.

what



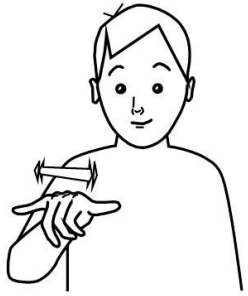
Index finger moves from side to side.

where



Flat hands make outward circles.

which



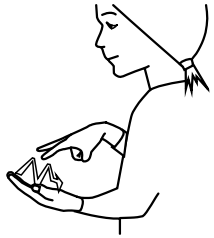
Thumb and finger extended move from side to side

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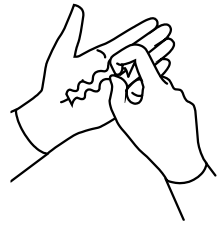
Subjects

read



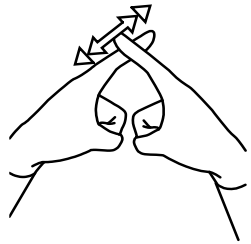
Rt V hand sweeps from side to side above L palm.

write



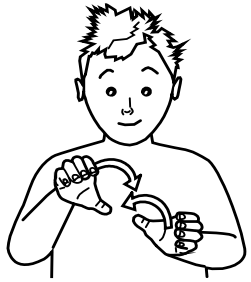
Rt "O" hand moves along L palm with squiggling movements.

English



Rt. Index finger rubs along L index several times.

science



Hands mime tipping contents of one test-tube into another.

number



Closed hand taps twice on chin.

gym



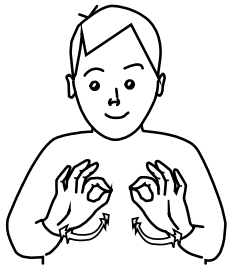
Both hands thumbs up touch, then move apart.

cooking



Rt. Hand mimes stirring a bowl under L. arm.

music



"o" hands swing in and out towards each other several times.

art



Two fingers, back of palm moves in front of face side to side wiggling movements.

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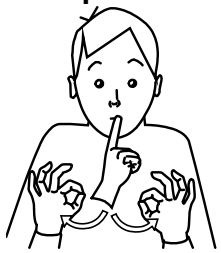
Classroom Vocab 2

ready



Thumbs of open hands tap upper chest twice.

quiet



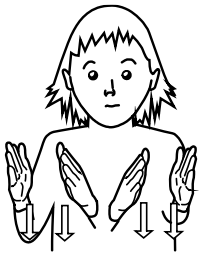
Index finger to lips, then "o" hands touch then swing slightly down and apart slowly.

sorry



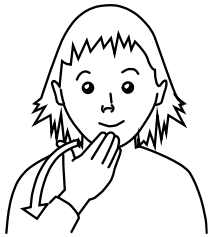
Closed hand rubs in circular movements on chest.

tidy



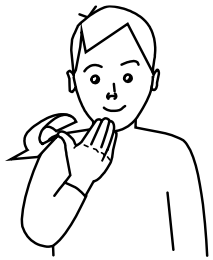
Palms facing, flat hands make short movement down, move sideways and repeat.

please



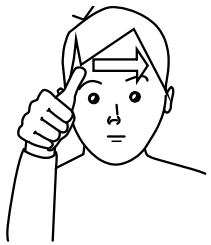
Tip of flat hand touch mouth then swings down to finish palm up.

thank you



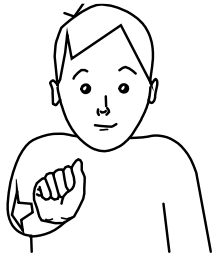
Tip of flat hand touch mouth then swings down to finish palm up.

clever



Tip of thumb moves right to left across forehead.

your



Palm forward closed hand directed with eye gaze in direction of person.

turn



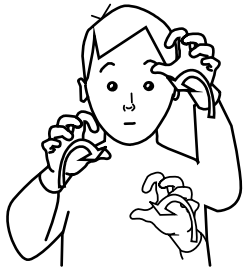
Thumbs of open hands tap upper chest twice.

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Verbs 2

climb



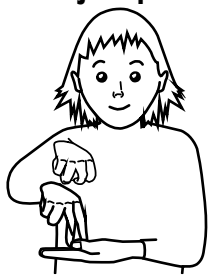
Clawed hands mime climbing action.

dance



Two 'n' hands move from side to side.

jump



Rt 'n' fingers jump off palm of L hand then land.

kick



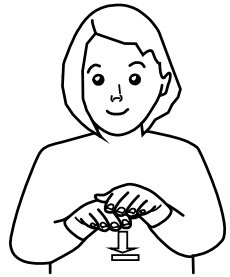
Indexes pointing down, Rt. Pulls back as L kicks forwards.

run



Arms move up and down.

sit



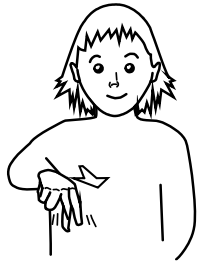
Rt. Flat hand on top of L. Move down with stress.

wait



Palm down bent hands make two small movements down.

walk



Index and middle fingers move like legs walking.

listen



Hand bunches and moves towards ear.

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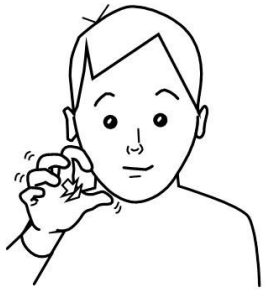
Drinks

water



Tips of bent hand make repeated brushing movement down throat.

orange juice



Mime squeezing an orange at side of mouth

tea



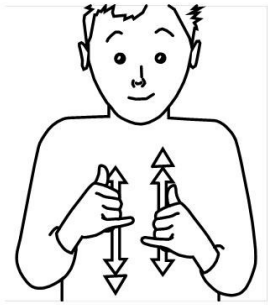
Mime drinking a cup of tea from a cup and saucer

coffee



C-hand shakes in front of mouth

milk



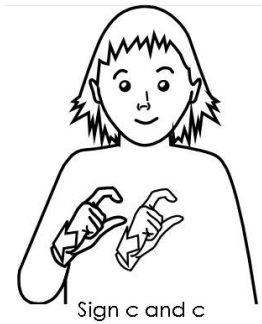
Thumb and finger stick out, hands move up and down

blackcurrant



Black and 'c'

coke



Sign c and c

drink



Mime tipping a cup to your lips

more



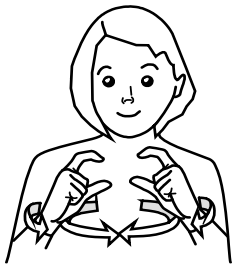
Fllat hands, right taps back of left hand and moves forwards.

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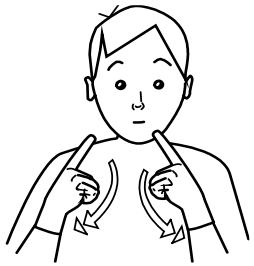
Classroom Vocab 1

class



Two 'c' hands touch at fingertips then swivel from wrists.

teacher



Indexes point to sides of mouth then move out.

school



Fingers make "s" shape in air.

home



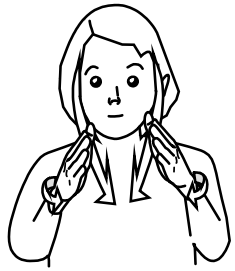
Tips of flat hands make contact.

line up



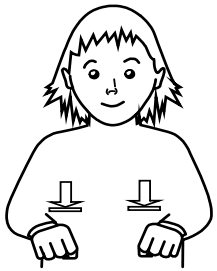
Open hands pointing up L. in front of Rt; hands move diagonally apart forward/ backwards.

concentrate



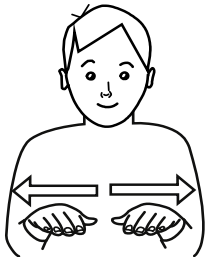
Flat hands at side of head move forward/down and twist from wrists.

chair



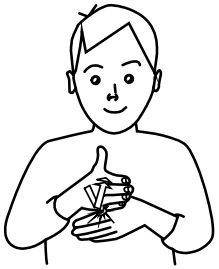
Two closed hands move down slightly with stress.

table



Flat hands move out and down, miming shape of table.

work



Edge of Rt hand taps down twice at right angles onto index finger

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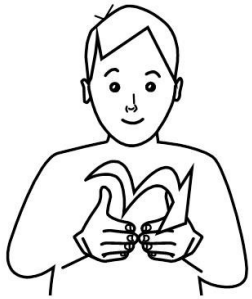
Transport

Plane



Thumb and little finger extended, hand moves through the air.

boat



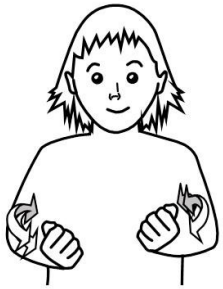
Fingertips touch to make a point, then moves forward as if over waves.

bicycle



Fists move forward in alternating circles.

bus



Mine driving a large steering wheel. Can also ring the bell!

car



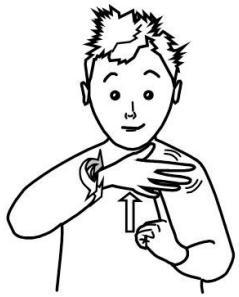
Small steering-wheel motion.

Fire engine



Palm-back hands move upwards, with fingers wiggling to show f fire, then sign 'car'.

helicopter



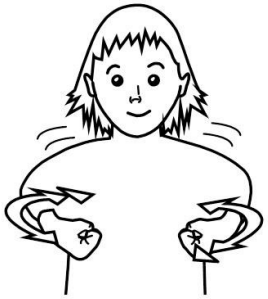
Index finger touches palm of flat R hand, and R hand wiggles

train



Closed fist moved in circles at side of body.

tractor



Mine large steering wheel while shaking shoulders.

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Food (savoury)

Baked beans



Form the letter 'b' and tap together twice.

bread



Mime slicing bread using L palm blade on rt. hand

cheese



Fingertips of rt. Bent hand touch l. palm and rocks.

carrot



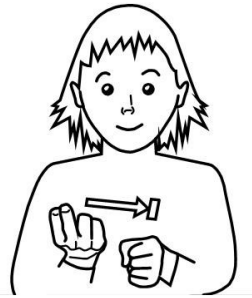
R. fist, palm forward twists at side of mouth as if taking a bite.

chips



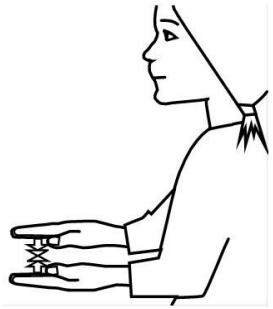
Indicate shape of chips, with indexes and thumbs

egg



Mime slicing top off an egg with rt. 'n' fingers and L fist.

sandwich



Palm together flat hands together twice.

toast



Flat hands mime putting toast into a toaster.

potato



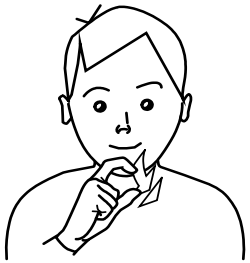
'Peel' potato with finger of right hand and L fist.

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Food

chocolate



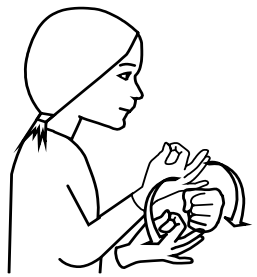
C-hand taps chin twice.

apple



Mine holding an apple in front of mouth and twist-

banana



Mime peeling a banana.

grape



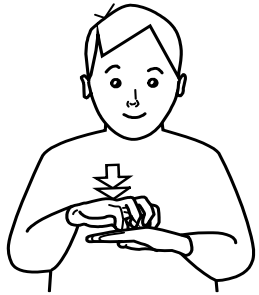
Tips of bunched hands touch, rt hand twists as if pulling off grape.

biscuit



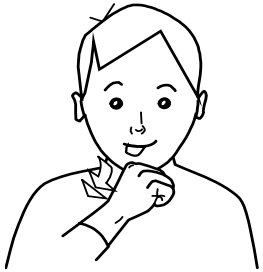
Rt clawed hand taps near left elbow.

cake



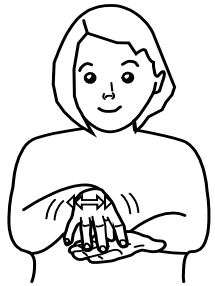
R clawed hand rests on back of closed L hand.

ice cream



Mime licking an ice cream.

jelly



Rt hand loosely clawed, shakes over L palm.

yoghurt



'n' fingers spoon yoghurt from L fist to mouth.

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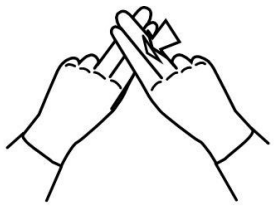
Family

Mum/Mummy



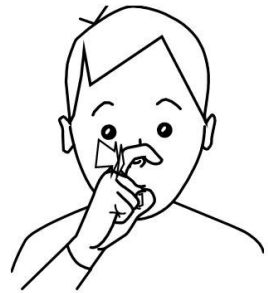
Fingerspell 'M' and tap against palm twice

Dad/Father



Fingerspell 'F' and tap twice

sister



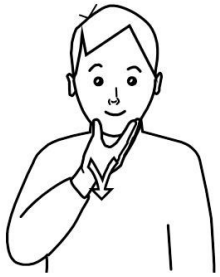
Bent index finger taps bridge of nose twice.

brother



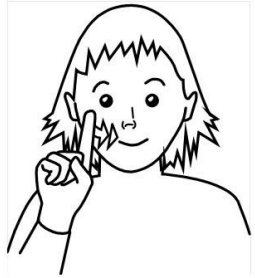
Fists rub against each other at knuckles

man



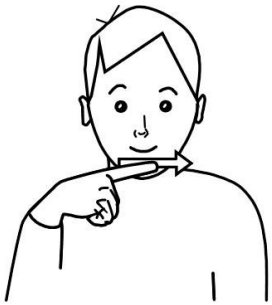
Mime a small beard.

woman



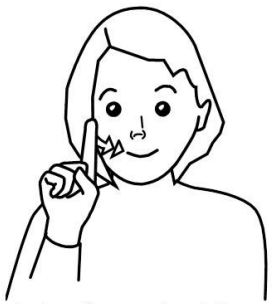
Extended index finger rubs side of cheek in a long stroke.

boy



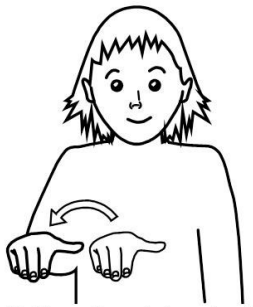
Extended index finger moves across chin once

girl



Index finger rubs at the corner of the mouth several times.

children



Flat hands pats heads of two or three imaginary children..

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