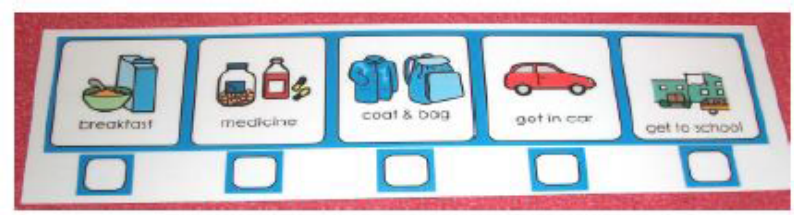
Understanding of spoken language

Supporting understanding of everyday routines - Visual Timetable



Why use VISUAL TIMETABLE and who are they for?

A Visual Timetable can **HELP** children with communication difficulties

- ✓ Understand spoken words
- ✓ Understand what will happen next
- ✓ Understand changes in routine
- ✓ Understand waiting for activities/treats etc
- ✓ Understand abstract concepts e.g. time
- ✓ Remember what has been said/will happen next
- ✓ Learn a new routine
- ✓ Learn social rules and behaviours
- ✓ Learn another way of communicating
- ✓ Manage behaviour and stay calm

Introducing Visual Timetables with a child or group of children:

- Start small— and gradually build up the number of pictures on your visual timetable.
- Pictures can be lined up from top to bottom or left to right.
- A "surprise" picture may be used for a change in the usual routine—this can encourage your child to be more flexible, it begins to introduce the unexpected events and unpredictability that happens in everyday life.
- Talk about the Visual Timetable with your child, this is a good way of introducing the idea of past and future events.
- If your child is motivated by electronic devices, consider using photos on your camera/phone/tablet and there are also Visual Timetable apps available.
- Make a "finished box" by sticking the "finished" picture onto a box, encourage your child to post the "finished" picture from the Visual Timetable into the box.
- Mark a "not today" red cross onto a clear plastic wallet and put the "not today" event/place inside.

Measuring progress: Child's ability to understand their routines - Better able to cope with changes to the routine - Better able to cope with unexpected changes to the routine - Ability to understand routine with visual support - Ability to understand routine when a keyword is used (e.g. 'tidy-up time')

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