Manchester Local Care Organisation

Trafford Local Care Organisation

Imitation

Imitating your child in play and daily activities is an important way to help him/her to understand about interaction with another person.

Our ultimate goal is to help your child to pay attention to you and to learn to imitate you.

It is important for children to learn to imitate as it helps them to learn new skills in all aspects of their lives; e.g. play skills, independence skills, interaction. with others and communication.



How to imitate

1. Watch your child closely and notice what s/he is doing and how s/he is playing.
2. Copy what your child is doing; you can copy his/her actions, sounds and words.
3. Wait to see what your child does once you have copied him/her:

   Step one – Child notices that you are copying

   Step two – Child shows interest in what you are doing

   Step three – Child makes another action or sound to keep the interaction going

   Step four – Child starts off interaction by looking at you and doing an action
4. Try and keep the copying game going for as long as your child is interested.
5. If your child changes activity; change yours to match.







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MANCHESTER CITY COUNCIL

Manchester Health & Care Commissioning
A partnership between Manchester City Council and NHS Manchester CCG

THE MANCHESTER PRIMARY CARE PARTNERSHIP